

THE COCK INN

MUGGINTON

VEGAN

NIBBLES

OLIVES & SUN BLUSHED TOMATOES (GF)	3.7	ROASTED RED PEPPER HUMMUS (GFO)	2.7
BAKED SOURDOUGH (GFO)	3.5/4.5	toasted pitta	
olive oil & balsamic vinegar			

STARTERS

HOMEMADE VEGAN SOUP OF THE DAY (GF)	4.9
baked sourdough	
CREAMY GARLIC MUSHROOMS (GFO)	6.9
baked sourdough	
ITALIAN STYLE FLATBREAD	6.5
vega mozzarella, sun blushed tomato & olives	
CRISPY TERIYAKI TOFU (GFO)	7.5
pickled vegetables, baby gem	

SIDES

HOUSE CHIPS (GF)	2.9
SKINNY FRIES (GF)	2.9
HERITAGE TOMATO, RED ONION & ROCKET SALAD (GF)	4.5
ROASTED CARROTS & PARSNIPS WITH POMEGRANATE MOLASSES (GF)	3.9
SEASONAL VEGETABLES (GF)	3.9
HOUSE SALAD (GF)	2.9
SWEET POTATO FRIES (GF)	3.5

MAINS

BBQ LENTIL & SUNFLOWER SEED BURGER (GFO)	11.5
chipotle mayo served with house chips, skinny fries or sweet potato fries	
SLOW COOKED WHITE BEAN & CAVOLO NERO CASSEROLE (GFO)	11.9
rosemary & garlic oil, baked sourdough	
CURRIED LENTIL COTTAGE PIE (GF)	11
sweet potato & polenta mash, roasted root vegetables	
TOFU & MUSHROOM THAI GREEN CURRY (GF)	11.9
sticky coconut rice	

SHARING BOARD

MEZZE (GFO)	13.5
stuffed vine leaves, red pepper hummus, tzatziki, falafels, chargrilled aubergines & courgettes, crudités, baba ghanoush, toasted pitta	

SKEWERS

Choose from house chips, skinny fries, sweet potato fries, with your main course dish

VEGAN HALLOUMI & COURGETTE SKEWER (GFO)	6/11
coconut yoghurt tzatziki	

SALADS

ROASTED MISO & GINGER SWEET POTATO (GFO)	7/13
turtle beans, chilli pineapple, green rice, Goma dressing	

DESSERTS

CHOCOLATE & PECAN BROWNIE chocolate ice cream (GF)	5.9
STICKY TOFFEE PUDDING vanilla ice cream (GF)	5.9
SELECTION OF ICE CREAMS (GF)	5.9

(GF) GLUTEN FREE | (GFO) GLUTEN FREE OPTION

Nuts, allergies and dietary requirements: We regret we cannot guarantee any of our food is totally nut free. Some of our dishes contain nuts and other dishes may contain nuts or nut traces. If you have any allergies or special dietary requirements please consult a member of staff and ask to see our recipe book detailing all the ingredients we use in our dishes. If you are in any doubt, please select another dish from our menu.

